

**2009 NT COR Winter Classic “A” Meet
 Hosted by City of Richardson Swim Team
 December 4, 5 and 6, 2009
 Sanction # 045-09**

Facility and Directions:

Loos Swimming Center, located on Spring Valley Road approximately one mile North of I-635 and one-quarter mile west of the Midway Road intersection. The facility has two indoor 25 yard eight lane pools. Fully automatic Colorado Timing System will be used.

Meet Schedule:

Day	Warm-up	Meet Start
Friday, December 4	Finals: Session I: 3:45 – 4:30pm Session II: 4:30 – 5:15pm	5:30pm
Saturday, December 5	Prelims: Session I 7:00 – 7:30am Session II 7:30 – 8:00am Session III 8:00 – 8:30am Combined Diving start 8:30 – 8:45 am Finals: 4:30 – 5:15pm	9:00am 5:30pm
Sunday, December 6	Prelims: Session I 7:00 – 7:30am Session II 7:30 – 8:00am Session III 8:00 – 8:30am Combined Diving start 8:30 – 8:45 am Finals: 4:00 – 4:45pm	9:00am 5:00pm

Final warm-up assignments will be posted on the City of Richardson Swim Team website, www.corswim.org by November 30, 2009 and will be included in the Meet Program.

Warm-up Procedures:

North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. (Ref. NT Policies and Procedures, 10/27/2007, Section VII Meet Administration, Paragraphs 7.3 and 7.4).

Guidelines:

General Warm-up (30 minutes)

☞ All lanes to be used for general warm-up.

☞ **NO DIVING**

Specific Warm-up (last 15 minutes)

☞ Lanes 1 and 8 Push/Pace Circle swimming only, **NO DIVING**

☞ Lanes 2,3,6 & 7 Racing Starts Swimming one direction only. Exit far end of pool.

☞ Lanes 4 & 5 General Warm-up Circle swimming only, **NO DIVING**

At the discretion of the Meet Referee, coaches may be allowed to control their own lanes for warm-ups; at the end of the last warm-up, an additional 10 minutes of racing starts and push/pace may be allowed; and the center well area (between the bulkheads) may be used for coach supervised warm-ups for 10 & under.

Sanction and Liability:

This meet will be held under the sanction of USA Swimming, Inc. **“IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, AND THE CITY OF RICHARDSON SWIM TEAM SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.”**

Rules:

2009 USA Swimming rules and regulations will govern the meet. North Texas Swimming, Inc. safety guidelines and warm-up procedures will be in effect at this meet.

Meet Operations:

Timed Finals: All Friday night events, 1650 Free and all relays are timed final events. The timed final events will be deck-seeded. **POSITIVE CHECK-IN IS REQUIRED FOR DECK-SEEDED EVENTS INCLUDING ALL RELAYS; FAILURE TO CHECK-IN WILL RESULT IN THE COMPETITOR BEING SCRATCHED FROM THE EVENT.** See Check-in Section for check-in times for individual and relay events. The deck-seeded events will be listed in the heat sheet in psych sheet format.

Prelim/Finals: All remaining events besides those mentioned above will be conducted on a prelims and finals basis. These events will be pre-seeded. Flyover starts will be used in prelim and/or timed final events when appropriate.

Combined Swims: The 11-12 and 13-14 400 IM, the 10&U and 11-12 500 Free, and the 13-14 and 15&O 1650 Free will compete together but will be scored separately.

Relays: Pre-assigned relay cards will be provided to coaches at the Clerk-of-Course. Completed relay cards with names of swimmers in swimming order (including alternates) must be submitted to the Clerk-of-Course before check-in times for relays. All relay swimmers must be entered in the meet with a minimum of one individual event. **In the Senior relays, events 59 & 60 and 109 & 110, each entered team may swim 14&U swimmers, but must swim at least two 15&O swimmers per relay team.**

**** Relays. COR reserves the right to cancel relays if the timeline exceeds the expected length. All entry fees will be reimbursed. We will inform teams prior to the start of the meet each day.**

1650 Free: This event will be swum as timed final with the slowest heats swum at the end of Sunday prelims. The fastest 32 female and 32 male swimmers entered will be allowed to swim in this event. Heats will be swum fastest to slowest in their respective assigned pools at the end of Sunday prelims. The fastest heat of the 1650 for both females and males will be run in event order and swum simultaneously in their respective assigned pools during the Sunday evening finals. Swimmers swimming in prelims session in this event must provide their own timers and lap counters. Timers will be provided for swimmers swimming during finals. The psych sheet for this event will be published on www.corswim.org by November 30, 2009. Swimmers must check-in by 5:00pm on Saturday and may indicate preference for evening or morning swim.

500 Free and 400 IM: The 500 Free and the 400 IM will be swum fastest to slowest. Check-in is required 30 minutes prior to the start of the meet.

Pool Assignments: To ascertain that the meet can be run in the most efficient manner, upon receipt of all entries, the Meet Referee and Meet Director will determine pool assignments for Prelims and Timed Final events. Such assignments will be published on www.corswim.org by November 30, 2009. Saturday and Sunday Final and Consolation events in the evening will be swum in the deep end.

Eligibility:

Swimmer's age as of 12/04/09 shall determine his/her age for the entire meet. A swimmer may enter any event in which he/she has achieved a current National Age Group "A" qualifying Time Standard. Further, a swimmer who has achieved (3) three current "A" times may enter any event, 200 yards or shorter, he/she wishes up to the daily and meet limit. **Swimmers must have a current National Age Group "A" qualifying Time Standard in the 500 free, 1650 Free and/or the 400 IM to swim that event.** Qualifying times for 15&O events are the 15-16 "A" NAG Time Standards. No entries will be accepted unless the entrant is a registered athlete member of USA Swimming, Inc. The complete USA Swimming registration number for each individual must be placed on the team entry form. Every club entered as a team in a North Texas Swimming sanctioned meet must be a member of USA Swimming, Inc. *No deck USA Swimming registrations will be accepted.*

Entry Information:

Limit: A swimmer may only swim two (2) events on Friday and is limited to three (3) individual events plus one (1) relay for each day on Saturday and Sunday.

Entry Time: Entry times must be submitted in 100ths of seconds. **All entry times must be current times, provable in the USA Swimming, Inc. SWIMS database. Penalty for entering with an unproved time will be removal of the swimmer from that event without refund of entry fee.**

Entry Forms: Send entries via e-mail. Entry fees are to be postmarked by the entry deadline (Thursday, 11/19/09).

Relay Entries: Relay entries must be submitted to meet the entry deadline of November 19, 2009. Relay cards and swimmer names must be submitted to the Clerk-of-Course before check-in times as described under the Check-in Section.

Fees: Individual Events: \$7.50 per event (must be postmarked by entry date).

Relay Events: \$10.00 per relay (must be paid before the event is swum).
Make checks payable to COR Swim Team.

Deadline:

ALL ENTRIES MUST BE RECEIVED NO LATER THAN 6:00PM, THURSDAY, NOVEMBER 19, 2009.
No phone or fax entries will be accepted.

E-mail entries as an attached file to lauramaczka@sbcglobal.net.

Mail checks to:

Laura Maczka
Meet Director
301 Overcreek, Richardson, Texas 75080
214-732-3754

Late Entries: Swimmers must be entered in the meet by the November 19, 2009 deadline in at least one (1) individual event to be allowed to late enter events. Swimmers that wish to late enter must produce a printout of current times from the USA Swimming, Inc. SWIMS database for the event(s) that they wish to enter. This printout will be retained by the Clerk-of-Course for the meet records. **THERE WILL BE NO EXCEPTIONS!** Late entries will be accepted at \$15.00 per individual event until 30 minutes prior to the start of each session. However, late entries for all pre-seeded events and the 1650 Free are available only when there are open lanes in an event. NO new heats will be created. **THERE WILL BE NO LATE ENTRIES FOR RELAYS.**

Clerk-of-Course will open at 4:00pm on Friday and 7:00am on Saturday and Sunday.

Check-in Procedures:

Pre-seeded events do not require check-in.

Check-in is required for deck-seeded events on Friday, 1650 Free and all relays at the Clerk-of-Course.

Check-in times: Friday: Swimmers must check-in before 5:00pm for all events.

1650 Free: Swimmers must check-in by 5:00pm on Saturday.

Relays: Coaches must check-in and turn in relay cards by 8:00am Saturday for Saturday relay events and by 8:00am Sunday for Sunday relay events.

Final & Consolation Heats: The Saturday and Sunday 13-14 and 15&O evening events will have a consolation and a final heat. The finals will be swum first followed by consolations. 12&U events will have a final heat only.

Scratches: Swimmers are strongly encouraged to advise the Clerk-of-Course of all scratches in order to allow another swimmer to swim. There is no penalty for scratches on the blocks in pre-seeded preliminary heats or in timed finals. Scratches may be made at the Clerk-of-Course at the beginning of the meet. For the Finals and Consolations, those swimmers who qualify and then fail to declare their intention to scratch to the Clerk-of-Course within thirty (30) minutes of the announcement of the finalists for that event, then fail to scratch within thirty (30) minutes of their last event of that session and fail to compete in the event in the finals will be barred from all subsequent competition in the meet.

Timers: All teams are requested to make available one timer for every 10 swimmers entered in the meet. Lanes will be assigned to teams accordingly. Please see the Meet Program for lane assignment for each day.

Scoring: Events will be scored as follows:

Individual: 20-17-16-15-14-13-12-11 (1st to 8th).

9-7-6-5-4-3-2-1 (9th to 16th).

12&U events scoring for places 9 to 16 will be done from prelims.

Relays: 40-34-32-30-28-26-24-22 (1st to 8th).

Relays will be scored on the top 8 places only.

Awards:

Ribbons/Medals: Individual Events: Event 1st to 3rd place, custom medals; 4th to 8th place, ribbons.

Relays: Event 1st to 3rd place, custom medals

High Point Team: Combined team championship

1st place Girls team

1st place Boys team

Small Team Award: 1st place Team Award, combined Girls and Boys – eligible teams are teams having 20 or less swimmers at the meet.

Individual: High Point, Girl Swimmer

High Point, Boy Swimmer

Awards must be picked up during the meet. Awards will not be mailed.

Programs/Heat Sheets: Programs for Prelims will be available for \$10.00 each with two coupons that may be redeemed for Saturday and Sunday Finals heat sheets at no additional cost.

Hospitality: A hospitality area will be provided for coaches and officials.

Meet Director: Laura Maczka meetdirector@corswim.org 214-732-3754

Clerk-of-Course: Nancy Progelhof

Meet Referee: Bob Lang

Administrative Referee: Ann Lang

Starter: Stephanie Jones

Stroke and Turn Judges: Nancy Saunders, Gina Silver

Safety Marshall: Brian Steed

Schedule of Events:

Friday, 12/04/09				
Girls Event #	"A" Time	Event	"A" Time	Boys Event #
1	2:55.99	10&U 200 IM	2:55.29	2
3*	5:36.09	11-12 400 IM	5:28.89	4*
3*	5:17.79	13-14 400 IM	5:00.49	4*
5	5:09.89	15&O 400 IM	4:47.79	6
7*	6:48.39	10&U 500 Free	6:44.59	8*
7*	6:09.29	11-12 500 Free	6:04.69	8*
9	5:52.99	13-14 500 Free	5:35.19	10
11	5:47.39	15&O 500 Free	5:24.29	12

*Combined swim, shared event # for both age groups, scored separately.

Saturday, 12/05/09				
Girls Event #	"A" Time	Event	"A" Time	Boys Event #
13	1:26.69	10&U 100 Fly	1:25.59	14
15	1:13.19	11-12 100 Fly	1:11.69	16
17	2:28.59	13-14 200 Fly	2:20.29	18
19	2:24.49	15&O 200 Fly	2:13.39	20
21	1:22.19	10&U 100 Back	1:21.29	22
23	1:14.19	11-12 100 Back	1:12.29	24
25	1:08.49	13-14 100 Back	1:04.19	26
27	1:06.59	15&O 100 Back	1:01.09	28
29	2:36.39	10&U 200 Free	2:31.89	30
31	2:19.89	11-12 200 Free	2:16.19	32
33	2:13.79	13-14 200 Free	2:05.29	34
35	2:10.39	15&O 200 Free	2:00.09	36
37	41.99	10&U 50 Breast	42.19	38
39	37.79	11-12 50 Breast	37.29	40
41	2:47.99	13-14 200 Breast	2:46.29	42
43	2:42.79	15&O 200 Breast	2:30.09	44
45	32.19	10&U 50 Free	31.59	46
47	29.49	11-12 50 Free	28.59	48
49	28.69	13-14 50 Free	26.29	50
51	27.99	15&O 50 Free	25.29	52
53		10&U 200 Free Relay**		54
55		11-12 200 Free Relay**		56
57		13-14 200 Free Relay**		58
59		Senior 200 Free Relay**		60

****Relays:** We reserve the right to cancel relays if the timeline exceeds the expected length. All entry fees will be reimbursed. We will inform teams prior to the start of the swim meet.

Schedule of Events, Cont'd:

Sunday, 12/06/09				
Girls Event #	"A" Time	Event	"A" Time	Boys Event #
61	1:22.59	10&U 100 IM	1:21.09	62
63	2:37.59	11-12 200 IM	2:35.59	64
65	2:30.49	13-14 200 IM	2:20.29	66
67	2:26.99	15&O 200 IM	2:15.09	68
69	37.29	10&U 50 Fly	36.69	70
71	32.39	11-12 50 Fly	32.09	72
73	1:07.79	13-14 100 Fly	1:02.89	74
75	1:06.29	15&O 100 Fly	1:00.09	76
77	38.09	10&U 50 Back	38.29	78
79	33.89	11-12 50 Back	33.49	80
81	2:27.29	13-14 200 Back	2:18.19	82
83	2:23.89	15&O 200 Back	2:12.39	84
85*	20:12.19	13-14 1650 Free	19:15.69	86*
85*	19:58.89	15&O 1650 Free	18:47.99	86*
87	1:33.39	10&U 100 Breast	1:31.79	88
89	1:22.19	11-12 100 Breast	1:20.49	90
91	1:17.59	13-14 100 Breast	1:12.09	92
93	1:15.69	15&O 100 Breast	1:08.89	94
95	1:11.89	10&U 100 Free	1:10.79	96
97	1:03.09	11-12 100 Free	1:02.69	98
99	1:02.19	13&14 100 Free	57.39	100
101	1:00.79	15&O 100 Free	55.19	102
103		10&U 200 Medley Relay**		104
105		11-12 200 Medley Relay**		106
107		13-14 400 Medley Relay**		108
109		Senior 400 Medley Relay**		110

****Relays:** We reserve the right to cancel relays if the timeline exceeds the expected length. All entry fees will be reimbursed. We will inform teams prior to the start of the swim meet.

*Combined swim, shared event # for both age groups, scored separately.
1650 slowest heats swum at the end of Sunday prelims, final heat swum in event order during Sunday finals.

**All 1650 Free swimmers in prelims session must provide their own timer and counter.
Timers will be provided for 1650 Free swum during final session.**