

# Swimming World Magazine

## Cactus Classic

May 22 – 25, 2009

Held under sanction of USA Swimming, Inc.

**Sanctioned by:** Arizona Swimming Inc.

Sanction #:AZ09C047LR1

And Arizona Masters LMSC for USMC Inc.

Sanction #489-0013

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., Scottsdale Aquatic Club, the City of Scottsdale, Arizona State University, Sun Devil Aquatics and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

**Hosted by:** **Scottsdale Aquatic Club & Sun Devil Aquatics**

**Locations:** **Senior Prelims (13-14, 15&Over) – Mona Plummer Aquatic Center**, Arizona State University (SE corner of S College Ave and E 6th St, Tempe)

**Age Group Prelims (11-12, 10 & Under) – Cactus Aquatic Center**, 7202 E. Cactus (NE corner of Scottsdale Rd and Cactus Rd), Scottsdale, Arizona

**ALL FINALS – Mona Plummer Aquatic Center, Arizona State University**

**Meet Director:** **Jay Klosterman** [jklost@qwest.net](mailto:jklost@qwest.net)

**Meet Referees:** **Kevin Russell** [Kevin.russell@mercerc.com](mailto:Kevin.russell@mercerc.com) **Head Referee**

**Stefan Jonsson** [sjonsson@cox.net](mailto:sjonsson@cox.net) **Cactus Pool**

**Colleen Jennings-Roggensack** [cjr@asu.edu](mailto:cjr@asu.edu) **ASU Pool**

**Courses:** **Mona Plummer Aquatic Center:** Eight lane, outdoor, 50 meter pool with non-turbulent lane dividers. Daktronics automatic timing system with touchpads and 8-lane time display board will be used. A separate 25-yard warm-up pool will be available for continuous warm-up throughout the meet. The competition pool has not been certified in accordance with 104.2.2(C)

**Cactus Aquatic Center:** Eight lane, outdoor, 50 meter pool with non-turbulent lane dividers. Colorado start and automatic timing system with touchpads and 8-lane time display board will be used. A separate 25-yard warm-up pool will be available for continuous warm-up throughout the meet. The competition pool has not been certified in accordance with 104.2.2(C)

**Sessions:** **Senior Prelims** at Mona Plummer Aquatic Center

<b>Fri</b>	<b>May 22</b>	<b>Timed Finals</b>	<b>2:00 pm Warm-up/3:00 pm Meet Start</b>
<b>Sat–Mon</b>	<b>May 23-25</b>	<b>Preliminaries</b>	<b>7:30 am Warm-up/9:00 am Meet Start</b>

**Age Group Prelims** at Cactus Aquatic Center

<b>Fri</b>	<b>May 22</b>	<b>Timed Finals</b>	<b>3:00 pm Warm-up/4:00 pm Meet Start</b>
<b>Sat–Mon</b>	<b>May 23-25</b>	<b>Preliminaries</b>	<b>7:30 am Warm-up/9:00 am Meet Start</b>

**ALL FINALS** at Mona Plummer Aquatic Center

<b>Sat–Sun</b>	<b>May 23-24</b>	<b>Finals</b>	<b>4:00 pm Warm-up/5:00 pm Meet Start</b>
<b>Mon</b>	<b>May 25</b>	<b>Finals</b>	<b>Meet Start time to be announced by the Head Meet Referee following seeding of the Senior 800/1500 Freestyle</b>

**Warm-up for the Monday Finals session will begin 60 minutes prior to the announced scheduled start of the session. Warm-up will begin in the ASU warm-up pool. There will be a minimum of 15 minutes of warm-up in the ASU competition pool prior to the competition pool being cleared 10 minutes before the start of competition.**

- Eligibility:**
1. Open to any USA Swimming athlete holding a current USA Swimming registration card by the meet entry date and all FINA registered athletes.
  2. All swimmers, coaches, and officials must be registered prior to the entry date and present proof of current registration to the Clerk of Course, if requested. No on deck registration will be available. Out of state teams may submit a roster signed by the LSC registrar as proof of registration. All masters swimmers must also submit a copy of their 2009 USMS registration card with their entry. All coaches and officials shall wear their current USA Swimming registration in a visible manner.
  3. Swimmer's age on May 22, 2009 will govern for this meet. USMS swimmers age as of December 31, 2009 will govern for the meet for masters records and USMS top ten times.
  4. All USA Swimming and USMS athletes must have equaled or bettered the listed **Qualifying Time ("Q-time")** to be eligible for the meet. Swimmers that have at least **ONE (1) Q-time** will be allowed a maximum of **TWO (2) BONUS** events up to the individual event limit for the meet (events 400 m or longer cannot be used as bonus events). Times achieved in short course yards must be marked SCY. Seeding will be as follows: qualifying LCM, qualifying SCY, bonus LCM, bonus SCY, bonus No Time (NT).

5. Relays are no time standard (NTS).
6. Proof of time may be required on deck. Failure to provide proof will result in a \$25.00 fine per event.
7. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the Meet Director as to the need for any special accommodations or seeding arrangements.

**Rules:**

1. The current USA Swimming rules of competitive swimming will govern.
2. The Arizona controlled meet warm-up will be posted and enforced.
3. Entry times must be the swimmer's best LONG COURSE METER (LCM) times. Swimmers who have achieved the short course standard may enter with a SCY time and will be seeded after the LCM times.
4. All swimmers are limited to **THREE (3)** individual events per day. A swimmer is limited to **NINE (9)** individual events for the meet. Entries that do not conform to these limits will result in the highest numbered events dropped until the entry conforms to the limits. A swimmer is limited to compete in **ONE (1)** relay event per day.
5. Swimmers are required to compete in their described age group.
6. This will be a preliminaries/finals meet for swimmers in the 10&U, 11-12, 13-14 and 15&O Age Groups.
7. The **Senior (13-14 and 15&O)** events will be combined for preliminaries. The individual events for 13-14 Age Group and the 15&O Age Group will be separated for Finals.
8. Finals will be conducted as follows at Mona Plummer Aquatic Center:
 

<b>10&amp;U</b>	<b>A Final</b>
<b>11-12</b>	<b>A Final</b>
<b>13-14</b>	<b>A Final</b>
<b>15&amp;O</b>	<b>B Final, then A Final</b>
9. The **10&U and 11-12 400 Freestyle (Events 1-4)** and the **11-12 400 Individual Medley (Events 5-6)** swimmers must positively check-in 30 minutes prior to the scheduled start of the session in order to swim the event. These events are TIMED FINALS. These events will be swum fastest to slowest, alternating heats of women and men. Swimmers must provide their own timers. *At the discretion of the meet referee, these events may be limited, but to no fewer than 4 heats (the TOP 32 seeded entries) in each age group.*
10. The **Senior 400 Freestyle (Events 201-202)** and the **Senior 400 Individual Medley (Events 203-204)** swimmers must positively check-in 30 minutes prior the scheduled start of the session in order to swim the event. *At the discretion of the meet referee, these events may be limited, but to no fewer than 7 heats, consisting of the TOP 32 seeded entries in the 15&O age group and the TOP 24 seeded entries in the 13-14 age group.* These events are TIMED FINALS. Heats will be swum fastest to slowest. All women's heats will swim followed by all men's heats of each event; heats do not alternate between women and men. Swimmers will need to provide their own timers.
11. The **11-12 800 Freestyle (Events 29-30)** swimmers must positively check-in 30 minutes prior to the scheduled start of the session in order to swim the event. These events are TIMED FINALS. These events will be swum fastest to slowest, alternating heats of women and men. Swimmers must provide their own timers and personnel to count laps. *At the discretion of the meet referee, these events may be limited, but to no fewer than 2 heats ( the TOP 16 seeded entries) in each age group.*
12. The **Senior 1500/800 Freestyle (Events 233-234)** swimmers must positively check-in 30 minutes prior to the scheduled start of the session in order to swim the event. *At the discretion of the meet referee, these events may be limited, but to no fewer than 5 heats, consisting of the TOP 24 seeded entries in the 15&O age group and the TOP 16 seeded entries in the 13-14 age group.* These events are TIMED FINALS. Heats will be swum fastest to slowest alternating women and men. Swimmers will need to provide their own timers and personnel to count laps.
13. Teams may enter any number of relays but only two may score per event. Relays are no time standard (NTS). All relays must be pre-entered by the meet entry deadline.
14. **Age Group (10&U, 12&U) Relays:** entries must be pre-entered by the meet entry deadline. Relay names must be turned in to the Clerk of Course 30 minutes prior to the scheduled start of the day's preliminary session; however, they may be changed up to the time the heat begins. All heats will be swum in the preliminary session.
15. **Senior (13-14, 13&O) Relays:** entries must be pre-entered by the meet entry deadline. Relay names must be turned in to the Clerk of Course 30 minutes prior to the scheduled start of the day's preliminary session; however they may be changed up to the time the heat begins. The 13-14 and 13&O Relays will be combined for seeding, but scored separately. If there are 7 or more combined heats (women and men), the fastest 2 women's heats and fastest 2 men's heats will swim in finals, and all other heats will swim at the end of preliminaries. If there are 6 or fewer combined heats, all heats will swim in finals.
16. The **Arizona Age-Group Scratch Rule** as stated in the Arizona Swimming Guide rules and regulations will be enforced for the Age Group Events (10&U and 11-12). Swimmers must scratch or declare their intention to scratch within 30 minutes after results have been announced. Any swimmer qualifying for a Consolation (B) or Championship (A) final who fails to compete (no show) shall be barred and disqualified from the rest of that evening's events, not allowed in that evening's relays, and disqualified from their next individual event in the preliminaries.
17. The **Senior Scratch Rule** as stated in the Arizona Swimming Guide rules and regulations will be enforced for the Senior Events (13-14 and 15&O). Swimmers must indicate their intention to scratch within 30 minutes after preliminary results have been announced. Any swimmer qualifying for a Consolation (B) or Championship (A) final race in an individual event who fails to compete shall be barred from further competition for the remainder of the meet.

18. **There will be a positive check-in for Monday night's finals session.** All competitors who wish to swim in Monday night's finals session must positively check-in within 30 minutes after results have been announced. **Swimmers who do not check in will be scratched from finals.**
19. Any swimmer who checks in for and is seeded into an individual preliminary event or a timed final event that fails to compete shall be barred from their next individual event. There is no penalty for failure to compete in an individual event which is pre-seeded and does not require positive check-in.
20. Time trials may be offered at the discretion of the meet director and meet referee at each pool, but only on Saturday and/or Sunday. Only athletes entered in the meet may enter a time trial. Time trial entries count toward the limit of 3 individual events per day, but not toward the limit of 9 individual events for the meet.
21. A **"Closed Deck" policy will be enforced at Mona Plummer Aquatic Center.** Only authorized personnel will be permitted on the pool deck. Coaches of large out-of-Phoenix Metro area teams can request free deck admission passes for parent chaperones traveling with their team. See the Meet Director for details.

**Entries:** Please submit entries electronically by COMMLINK file. **Teams must submit a HARD COPY (including proof of time) with a single team payment. USMS swimmers may submit consolidated entry card(downloadable from [www.azlmsc.org](http://www.azlmsc.org)) but paper entries are subject to \$5.00 processing fee.**

**Entries must be received by Tuesday, May 12, 2009. NO DECK ENTRIES**

Late entries will be accepted subject to a \$10.00 late fee per swimmer depending on meet capacity until Friday, May 15, 2009. At the discretion of the meet director, the number of swimmers may be limited for timeline management.

**Fees must accompany entries and are non-refundable. Entries without payment will not be accepted.** This will be strictly enforced. Teams whose entries are not accepted will be informed by e-mail and telephone as soon as is practical.

E-Mail: [sac6coach@aol.com](mailto:sac6coach@aol.com)

Mail to: Cactus Classic Meet Entries

15859 N 60th Way, Scottsdale, AZ 85254

**Entry Fees:** LSC Surcharge \$5.00  
 Individual Events \$6.00 (a portion will go to "SAVE ASU SWIMMING")  
 Relays \$12.00 Time Trials \$10.00  
 Make checks payable to **Scottsdale Aquatic Club. Entry fees are nonrefundable, except for relays scratched before the start of the session.**

**Scoring:** Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 (10&U, 11-12, and 13-14 age group 9<sup>th</sup>-16<sup>th</sup> places  
 Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2 (prelims/finals events are scored from prelims)

**Awards:** Individual Events—Medals for 1<sup>st</sup> through 8<sup>th</sup> place Male/Female in the 10&U, 11-12, 13-14, and 15&O Age Groups.  
 Relays—Medals for 1<sup>st</sup> place Male/Female in the 10&U, 12&U, 13-14, and 13&O Age Groups.  
 High Point Awards for 1<sup>st</sup> through 3<sup>rd</sup> place, Male/Female participants in 10&U, 11-12, 13-14, and 15&O Age Groups.  
Combined High Point Team Award (all teams)  
 COMBINED TEAM AWARD FOR OUT OF LSC TEAMS—1<sup>st</sup> Place, \$1500; 2<sup>nd</sup> Place \$1000; 3<sup>rd</sup> Place \$500  
 Note: Awards MUST be picked up at end of meet and will not be mailed.

**Timing:** Participating teams will be assigned lanes for timing.

**Concessions:** Concessions will be available at both sites. No Glass containers allowed on deck. A swim supply vendor will be available. Hospitality will be provided for coaches, officials, and other meet workers.

**Finals Schedule (Mona Plummer Aquatic Center)**

**Saturday, May 23, 2009**

**Warm-up 4:00 PM**

**Finals at 5:00 PM**

10&U 100 Fly  
 11-12 100 Fly  
 13-14 100 Fly  
 15 & O 100 Fly  
 10 & U 100 Breast  
 11-12 100 Breast  
 13-14 100 Breast  
 15&O 100 Breast  
 11-12 200 Back  
 13-14 200 Back  
 15&O 200 Back  
 10 & U 100 Free  
 11-12 100 Free  
 13-14 100 Free  
 15&O 100 Free  
 10&U 200 IM  
 11-12 200 IM  
 13-14 200 IM  
 15&O 200 IM  
 Senior 400 Freestyle Relay

**Sunday, May 24, 2009**

**Warm-up 4:00 PM**

**Finals at 5:00 PM**

11-12 200 Fly  
 13-14 200 Fly  
 15&O 200 Fly  
 10&U 200 Free  
 11-12 200 Free  
 13-14 200 Free  
 15&O 200 Free  
 10&U 100 Back  
 11-12 100 Back  
 13-14 100 Back  
 15&O 100 Back  
 11-12 200 Breast  
 13-14 200 Breast  
 15&O 200 Breast  
 10&U 50 Free  
 11-12 50 Free  
 13-14 50 Free  
 15&O 50 Free  
 Senior 400 Medley Relay

**Monday, May 25, 2009**

**Warm-up begins 60 minutes before Finals**

**Finals at time announced by Meet Referee**

10&U 50 Fly  
 11-12 50 Fly  
 13-14 50 Fly  
 15&O 50 Fly  
 10&U 50 Back  
 11-12 50 Back  
 13-14 50 Back  
 15&O 50 Back  
 10&U 50 Breast  
 11-12 50 Breast  
 13-14 50 Breast  
 15&O 50 Breast

# Senior Session – Mona Plummer Aquatic Center – Timed Finals and Preliminaries

Friday, May 22, 2009

Warm-up 2:00PM Meet Start 3:00PM

Women	15&O		13-14		Event	13-14		15&O		Men
	LCM	SCY	LCM	SCY		LCM	SCY	LCM	SCY	
201	4:55.99	5:32.89	5:03.49	5:38.29	400 Free *	4:50.19	5:21.29	4:38.09	5:10.79	202
203	5:35.99	4:56.99	5:45.99	5:04.59	400 IM *	5:30.09	4:47.99	5:13.49	4:35.79	204

Saturday, May 23, 2009

Warm-up 7:30 AM Meet Start 9:00 AM

Women	15&O		13-14		Event	13-14		15&O		Men
	LCM	SCY	LCM	SCY		LCM	SCY	LCM	SCY	
205	1:11.19	1:03.59	1:13.29	1:04.99	100 Fly	1:11.09	1:02.89	1:04.89	57.59	206
207	1:23.09	1:12.49	1:25.29	1:14.39	100 Breast	1:21.29	1:12.09	1:16.39	1:05.99	208
209	2:37.49	2:17.89	2:40.39	2:21.19	200 Back	2:40.69	2:18.19	2:24.99	2:06.79	210
211	1:05.79	58.19	1:07.39	59.59	100 Free	1:05.99	57.39	1:00.49	52.89	212
213	2:40.29	2:20.89	2:44.29	2:24.19	200 IM	2:42.39	2:20.29	2:29.39	2:09.49	214
215	NTS				400 Free Relay***	NTS				216

Sunday, May 24, 2009

Warm-up 7:30 AM Meet Start 9:00 AM

Women	15&O		13-14		Event	13-14		15&O		Men
	LCM	SCY	LCM	SCY		LCM	SCY	LCM	SCY	
217	2:35.89	2:18.49	2:41.19	2:22.39	200 Fly	2:38.79	2:20.29	2:24.29	2:07.79	218
219	2:21.09	2:04.89	2:25.39	2:08.19	200 Free	2:23.29	2:05.29	2:11.49	1:55.09	220
221	1:13.09	1:03.79	1:14.59	1:05.59	100 Back	1:14.49	1:04.19	1:07.69	58.59	222
223	2:57.99	2:35.99	3:03.99	2:39.79	200 Breast	3:01.99	2:36.29	2:46.99	2:23.89	224
225	30.49	26.89	31.09	27.49	50 Free	30.29	26.29	27.59	24.29	226
227	NTS				400 Med Relay***	NTS				228

Monday, May 25, 2009

Warm-up 7:30 AM Meet Start 9:00 AM

Women	15&O		13-14		Event	13-14		15&O		Men
	LCM	SCY	LCM	SCY		LCM	SCY	LCM	SCY	
229	31.69	28.39	32.69	29.09	50 Fly	31.79	28.59	28.79	26.09	230
231	33.59	29.69	34.39	30.59	50 Back	34.19	30.19	30.79	27.29	232
233	37.29	33.39	38.39	34.29	50 Breast	37.69	33.09	35.19	30.09	234
235	10:10.59	11:25.99	10:20.99	11:37.29	800 Free **					
					1500 Free **	19:05.89	18:27.59	18:25.29	18:00.99	236

\* The 400 Free and 400 IM will be swum fastest to slowest, but not alternating heats of women and men. Positive check-in is required 30 minutes prior to the start of the session in order to swim the event. These events are TIMED FINALS. Swimmers must provide their own timers. *At the discretion of the meet referee, these events may be limited, but to no fewer than 7 heats, consisting of the TOP 32 seeded entries in the 15&O age group and the TOP 24 seeded entries in the 13-14 age group.* This event will be scored separately by age groups (13-14 and 15&O).

\*\* The 800/1500 Free will be swum fastest to slowest, alternating heats of women and men. Positive check-in is required 30 minutes before the scheduled start of the session in order to swim the event. These events are TIMED FINALS. Swimmers must provide their own timers and personnel to count laps. *At the discretion of the meet referee, these events may be limited, but to no fewer than 5 heats, consisting of the TOP 24 seeded entries in the 15&O age group and the TOP 16 seeded entries in the 13-14 age group.* This event will be scored separately by age groups (13-14 and 15&O).

\*\*\* The 13-14 and 15&O Relay Events must be pre-entered by the meet entry deadline. Relay names must be turned in to the Clerk of Course 30 minutes prior to the scheduled start of the day's preliminary session; however, they may be changed up to the time the heat begins. The 13-14 and 15&O Relays will be combined for seeding, but scored separately. If there are 7 or more combined heats (women and men), the fastest 2 women's heats and fastest 2 men's heats will swim in finals and all other heats will swim at the end of preliminaries. If there are 6 or fewer heats, (women and men), all heats will swim in finals.

## Age Group Session – Cactus Pool – Timed Finals and Preliminaries

Friday, May 22, 2009

Warm-up 3:00 PM      Meet Start 4:00 PM

Girls			Event			Boys
	LCM	SCY		LCM	SCY	
1	6:00.09	6:40.09	11-12 400 Free *	5:56.59	6:35.09	2
3	6:55.89	7:39.49	10&U 400 Free *	6:52.69	7:35.19	4
5	6:59.79	6:06.19	11-12 400 IM *	6:56.29	5:59.59	6

Saturday, May 23, 2009

Warm-up 7:30 AM      Meet Start 9:00 AM

Girls			Event			Boys
	LCM	SCY		LCM	SCY	
7	1:56.19	1:42.09	10&U 100 Fly	1:53.99	1:40.59	8
9	1:31.99	1:20.59	11-12 100 Fly	1:30.69	1:19.29	10
11	2:03.79	1:46.69	10&U 100 Breast	1:59.79	1:44.79	12
13	1:41.89	1:29.29	11-12 100 Breast	1:42.49	1:28.39	14
15	3:25.39	2:50.19	11-12 200 Back	3:16.69	2:46.59	16
17	1:32.99	1:22.09	10&U 100 Free	1:31.09	1:19.99	18
19	1:20.39	1:08.29	11-12 100 Free	1:17.59	1:08.09	20
21	3:47.29	3:19.39	10&U 200 IM	3:44.79	3:18.09	22
23	3:15.19	2:51.79	11-12 200 IM	3:13.89	2:49.69	24
25	NTS		10&U 200 Medley Relay ***	NTS		26
27	NTS		12&U 200 Medley Relay ***	NTS		28

Sunday, May 24, 2009

Warm-up 7:30 AM      Meet Start 9:00 AM

Girls			Event			Boys
	LCM	SCY		LCM	SCY	
29	3:23.29	2:52.99	11-12 200 Fly	3:17.39	2:51.49	30
31	3:25.09	2:58.29	10&U 200 Free	3:13.99	2:50.89	32
33	2:52.99	2:31.79	11-12 200 Free	2:49.29	2:27.99	34
35	1:48.89	1:33.99	10&U 100 Back	1:46.09	1:32.49	36
37	1:34.39	1:21.89	11-12 100 Back	1:31.39	1:19.09	38
39	3:49.39	3:12.49	11-12 200 Breast	3:37.99	3:07.39	40
41	40.89	36.19	10&U 50 Free	40.39	35.59	42
43	36.39	32.19	11-12 50 Free	35.79	30.99	44
45	NTS		10&U 200 Free Relay ***	NTS		46
47	NTS		12&U 200 Free Relay ***	NTS		48

Monday, May 25, 2009

Warm-up 7:30 AM      Meet Start 9:00 AM

Girls			Event			Boys
	LCM	SCY		LCM	SCY	
49	39.89	35.39	11-12 50 Fly	40.19	35.49	50
51	48.59	42.99	10&U 50 Fly	46.89	41.99	52
53	42.49	37.09	11-12 50 Back	42.29	36.79	54
55	49.89	43.49	10&U 50 Back	50.59	43.89	56
57	46.79	41.09	11-12 50 Breast	47.29	41.09	58
59	54.89	47.99	10&U 50 Breast	55.09	48.19	60
61	12:34.49	13:57.39	11-12 800 Free **	12:37.59	13:52.99	62

\* The 11-12 and 10&U 400 Free and the 11-12 400 IM will be swum fastest to slowest, alternating heats of girls and boys. Positive check-in is required 30 minutes prior to the scheduled start of the session in order to swim the event. These events are TIMED FINALS. Swimmers must provide their own timers. *At the discretion of the meet referee, these events may be limited, but to no fewer than 4 heats, consisting of the TOP 32 seeded entries each age group.*

\*\* The **11-12 800 Freestyle (Events 61-62)** swimmers must positively check-in 30 minutes prior to the scheduled start of the session in order to swim the event. These events are TIMED FINALS. These events will be swum fastest to slowest, alternating heats of women and men. Swimmers must provide their own timers and personnel to count laps. *At the discretion of the meet referee, these events may be limited, but to no fewer than 2 heats, consisting of the TOP 16 seeded entries in each age group.*

\*\*\* All Relay Events must be pre-entered by the meet entry deadline. Relay names must be turned in to the Clerk of Course 30 minutes prior to the scheduled start of the day's preliminary session; however, they may be changed up to the time the heat begins. All 10&U and 12&U relay heats will be swum in the preliminary session.